General (Ret) Paul M. Nakasone

Founding Director Institute of National Security Distinguished Research Professor in Engineering Science & Management Vanderbilt University, Nashville, TN Paul.m.nakasone@vanderbilt.edu

Brett Goldstein

Special Advisor to the Chancellor Research Professor in Engineering Science & Management Vanderbilt University, Nashville, TN Brett.goldstein@vanderbilt.edu

Shattering the Echo Chamber

This policy paper advocates for the immediate integration of empowered red teams into national security decision-making. Repeated strategic failures such as the October 7 Hamas attacks, the 2003 U.S. invasion of Iraq, and the 2014 annexation of Crimea demonstrate the consequences of tunnel vision and entrenched groupthink. When decision-makers fail to challenge assumptions, blind spots emerge, undermining national security. Red teams are not optional; they are essential for dismantling echo chambers, rigorously testing assumptions, and ensuring adaptive, resilient strategies that address evolving threats.

Keywords: red teams, national security, decision-making

INTRODUCTION

The persistent cultural aversion to dissent hinders decision-making in national security, creating a fundamental barrier to effective strategy. National security institutions often prioritize conformity and adherence to established norms at the cost of suppressed critical questioning and limited outside perspectives (Ricciuti, 2014). This resistance fosters "organizational antibodies" that curb the effectiveness of red teams—teams designed to emulate adversarial approaches—preventing them from making meaningful contributions (Lierop, 2018). It is essential to overcome institutionally ingrained inertia for a stronger national security decision-making process through empowered red teams.

Echo chambers and groupthink further compromise national security planning. Repeated interactions between likeminded individuals reinforce flawed assumptions and breed predictive shortcomings (Danzig, 2011). Bureaucratic institutions are inherently risk-avoidant and unwilling to rewrite core beliefs, particularly in an increasingly complex and unpredictable global environment. Historical failures—including the 2003 invasion of Iraq, the 2008 global financial crisis, and the 2014 annexation of Crimea—illustrate the catastrophic consequences of unchallenged assumptions. While improving initial planning is important, the best approach accounts for the fundamental shortcomings of these processes and ameliorates further errors. An institutionalized system of scrutiny is a sound practice, both for addressing natural bureaucratic shortcomings and improving national security outcomes.

Red teaming is one such vital tool for systematically identifying institutional biases and exposing strategic vulnerabilities (Teichmann & Boticiu, 2023). However, it is too often treated as an ad hoc exercise rather than an integral component of national security planning. This paper asserts that the sustained and institutionalized integration of empowered red teams is crucial to improving strategic decision-making and enhancing national security resilience.

THE DANGER OF UNCHALLENGED ASSUMPTIONS

Unchallenged assumptions create a critical vulnerability in strategic decision-making, often leading to policy failures and strategic surprises. When decision-makers rely on outdated or flawed information without rigorous scrutiny, they risk catastrophic miscalculations. Key historical examples include:

- The 2003 U.S. Invasion of Iraq: The decision to invade Iraq was based on flawed intelligence regarding Weapons of Mass Destruction (WMDs), with dissenting views dismissed (United States Senate Select Committe on Intelligence, 2006). An empowered red team with the authority to present alternative perspectives could have provided a critical counterweight, potentially averting a costly and prolonged conflict.
- The 2008 Global Financial Crisis: Regulatory bodies and financial institutions failed to question prevailing assumptions about market stability, leading to systemic collapse and a global economic downturn (Baily, Litan, & Johnson, 2008).
 Red teaming could have exposed vulnerabilities in financial models and policies, mitigating the crisis's impact.
- The 2014 Russian Annexation of Crimea: Western intelligence misjudged Russia's strategic intentions and the level of local support for annexation, relying on preconceived narratives rather than objective analysis (Everett & Gerstein, 2014). A robust red team could have identified these blind spots, enabling a more proactive response.
- The October 7 Hamas Attack: Israeli intelligence underestimated Hamas's capabilities and overlooked indicators of an imminent large-scale attack due to entrenched beliefs about Hamas's intentions (Zegart, 2023). Empowered red teams could have provided independent analysis to challenge these assumptions, improving threat assessment and response.

These cases illustrate the dangers of entrenched thinking and echo chambers: dissenting perspectives are ignored, and flawed assumptions go unchallenged. To strengthen strategic resilience, national security organizations must systematically integrate empowered red teams to rigorously test assumptions, break down institutional inertia, and ensure diverse perspectives inform decision-making.

THE CASE FOR EMPOWERED RED TEAMS IN NATIONAL SECURITY

To mitigate the risks posed by entrenched thinking and echo chambers, national security organizations must establish empowered red teams as a formal, integrated component of strategic planning and decision-making. These teams must operate as independent entities with the authority to challenge assumptions, identify vulnerabilities, and present alternative perspectives. Without institutional safeguards, red teams risk being undermined by organizational resistance—often referred to as "organizational antibodies"—that marginalize dissent and reinforce status quo biases. Ensuring red teams have the necessary independence and authority is critical to overcoming institutional inertia and fostering more adaptive, resilient strategies.

Benefits of Empowered Red Teams

- Enhanced Strategic Resilience: By rigorously testing assumptions and stresstesting strategic plans, red teams help identify blind spots and reduce the likelihood of strategic surprise (Longbine, 2008). Their systematic scrutiny strengthens overall national security preparedness.
- 2. Prevention of Echo Chambers: Decision-makers often operate within insular networks that reinforce shared perspectives and suppress dissent (Badie, 2010). Institutionalizing red teaming counteracts groupthink by embedding structured challenges into the decision-making process. This cultural shift is essential in national security, where unchecked biases can lead to costly miscalculations.
- Continuous Adaptation to Emerging Threats: The security landscape is dynamic, with threats evolving rapidly. Red teams provide a mechanism for continuous adaptation, ensuring strategies remain agile and responsive to asymmetrical threats, technological advancements, and shifting geopolitical conditions.

Characteristics of Effective Red Teams

To be impactful, red teams must be independent, highly skilled, and institutionally empowered. Key attributes include:

- **Independence:** Red teams must function autonomously from the entities they challenge, ensuring their analyses remain objective and unencumbered by internal pressures.
- **Expertise:** Red team members must be subject matter experts with deep knowledge of both the domains they assess, and the methodologies required to identify vulnerabilities. Their insights must go beyond surface-level critiques to deliver substantive challenges to prevailing assumptions.

Institutional Authority: Red teams must have direct access to senior leadership, ensuring their findings are taken seriously and integrated into decision-making. Protecting red teams from organizational antibodies—resistance from entrenched interests—is essential to preventing the suppression of dissenting perspectives. Without this authority, red teams risk being reduced to token exercises rather than essential safeguards against flawed strategic thinking.

IMPLEMENTATION CHALLENGES AND SOLUTIONS

There are significant challenges obstructing the integration of empowered red teams into national security processes. Cultural resistance, hierarchical barriers, and resource limitations all constrain up-the-chain feedback. For red teams to function effectively and overcome these obstacles, three changes are necessary: cultural reforms, the establishment of formal mechanisms for dissent, and dedicated resource allocation.

Cultural Shift

National security institutions often operate within rigid hierarchies that discourage dissent and reinforce entrenched thinking. To effectively integrate red teaming, leadership must drive a cultural transformation that values contrarian perspectives and recognizes the strategic necessity of challenging assumptions. Senior leaders must actively promote an environment where dissent is encouraged and viewed as a strength rather than a threat. This requires institutionalizing practices that normalize red teaming as an essential component of decision-making rather than an adversarial or disruptive force.

Formal Mechanisms for Assumption Testing

Systematic assumption testing is critical to effective red teaming. National security organizations should establish structured dissent channels, similar to those used by the U.S. State Department, allowing analysts to present contrarian views directly to senior leadership without fear of reprisal (U.S. Department of State Policy Planning Staff, 2024). Additionally, structured analytic techniques—such as Devil's Advocacy, premortem analysis, and alternative futures analysis—should be embedded into routine strategic assessments to ensure continuous evaluation of underlying assumptions (CIA/Directorate of Intelligence Analyst, 2009).

Resource Allocation

For red teams to function effectively, they require dedicated resources, including trained personnel, analytical tools, and institutional authority. Allocating funding specifically for red teaming activities is a necessary investment in strategic resilience. This includes the establishment of specialized training programs to equip red team members with the skills required to conduct in-depth assessments and identify vulnerabilities. Without sustained financial and institutional support, red teams risk being marginalized or treated as superficial exercises rather than integral components of national security planning.

CONCLUSION AND POLICY RECOMMENDATIONS

To build a resilient and adaptive national security framework, empowered red teams must be embedded as a core element of strategic planning and execution. Achieving this requires not only cultural reforms but also a fundamental cultural shift that values dissent and critical thinking. By transforming red teaming from an ad hoc exercise into a continuous process, national security organizations can dismantle echo chambers, rigorously test assumptions, and enhance their ability to respond to evolving threats.

Policy Recommendations

- Formalize Red Teaming as an Integral Process: National security organizations
 must institutionalize red teaming as a continuous element of strategic planning
 rather than an occasional or supplementary exercise. Clear guidelines and
 protocols should be established, ensuring that red teams evaluate key decisions
 and assumptions throughout the policy development cycle.
- 2. Establish Independent Red Team Units: Independent red teams must be created with the authority to present findings directly to senior leadership. This independence is critical to ensuring unbiased assessments, free from institutional pressures to conform. Red teams must have direct access to decision-makers and be granted the mandate to challenge even the most fundamental assumptions.
- 3. Foster a Culture of Constructive Dissent: Leadership must actively promote a culture that values dissent and critical analysis. National security organizations should implement training programs on structured analytic techniques such as Devil's Advocacy, premortem analysis, and alternative futures analysis. These programs should be mandatory for both red team members and senior decision-makers to foster a mutual understanding of the value of dissent. Establish formal dissent channels, similar to those of the U.S. State Department, that allow analysts to present contrarian views directly to senior leaders without fear of retribution.
- 4. Allocate Resources for Red Teaming Activities: Dedicated funding must be allocated to sustain red teaming initiatives, including resources for training programs, advanced analytical tools, and staffing. A specific budget for red teaming should be established to ensure access to cutting-edge analytical technologies and data sources. This investment is essential for maintaining capable and effective red teams that provide meaningful insights and actionable recommendations.
- 5. Integrate Red Team Findings into Decision-Making: Red team findings must be systematically incorporated into the decision-making workflow. Mandatory debriefings with senior leadership should be conducted following every major red teaming exercise to ensure insights are evaluated and acted upon. Decisionmakers must be held accountable for addressing red team recommendations, either by adapting strategies or providing a clear rationale for rejecting them.

- 6. Measure and Evaluate Red Team Effectiveness: Develop metrics and evaluation criteria to assess the effectiveness of red teaming efforts. Regular evaluations should be conducted to determine whether red teams are successfully identifying vulnerabilities and influencing decision-making processes. Metrics could include the number of recommendations adopted, the impact of Red Team insights on strategic decisions, and feedback from senior leaders on the value of Red Team contributions. Continuous improvement should be a core focus, with lessons learned from each exercise informing future red teaming activities.
- 7. Institutionalize Post-Decision Analysis: To maximize the effectiveness of red teaming, national security organizations must apply red team methodologies to evaluate the outcomes of strategic decisions. This post-decision analysis ensures that assumptions, strategies, and predictive models are scrutinized for accuracy. By critically assessing both successes and failures, organizations can refine their decision-making processes, challenge retrospective biases, and establish a cycle of continuous learning and adaptation.

By implementing these strategic reforms, national security organizations can enhance resilience, mitigate the risks posed by entrenched thinking and echo chambers, and better prepare for the complex threats of the 21st century. Empowered red teams are not a discretionary tool but an operational necessity for ensuring sound, adaptive, and forward-looking national security policy.

ACKNOWLEDGEMENTS

The Institute of National Security acknowledges the support of the Vanderbilt University Office of the Provost through the Discovery Vanderbilt initiative as well as the Office of the Chancellor, the School of Engineering, College of Arts & Sciences, and Peabody School of Education for their collaboration and assistance. The Institute also thanks our generous donors for investing in the professional development of the next generation of U.S. national security professionals.

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